

WEDNESDAY, APRIL 9, 2025

DAY-AT-A-GLANCE

MORNING SCHEDULE

7:00 AM - 8:20 AM

- **Start your day early with our Early Riser Coffee & Conversation:** "Let's Inspire Action for Social Justice." It's a great opportunity to kick-start your day and engage in meaningful discussions.
 - **Morning Check-in (7:00 AM - 12:00 PM)**
- Locations: Pacific Ballroom Expo Hall, Registration Area (Second Floor)

8:25 AM - 10:25 AM

- **Morning General Session:**
Getting Off the Cycle of Trauma to Transcendence
Speakers: Juan Solis, Carlos Christian, Xavier Cardona
Location: International Ballroom

MID-MORNING WORKSHOPS

10:30 AM - 11:55 AM

- **Everyone Assumes Dads Have It Figured Out** - Dr. Laura Borland
 - **Infant Mortality Review: New Approaches in Action** - Lisa Jones, Arthur Terry
 - **Do you See Me? How We Engage with Families and Fathers** - Eric Phillips, M. Ed.
 - **Addressing Intergenerational Trauma among African American Fathers** - William Davis
 - **What I Hope My Child Can Say About Their Father** - Dr. Roderick Logan, DPTH, DAAETS
 - **Bridging the Gap** - Dr. Charles W. Woodard
 - **Paternal Postpartum Depression and ACEs** - Tina Moss, Kevin Valencia
 - **Building Bridges Between Yesterday and Today** - Melanee Stevens
- Locations: Various Rooms (La Jolla A, La Jolla B, Carmel, Los Angeles AB, Los Angeles C, Newport B, Newport C, Marina)

LUNCHEON

11:55 AM - 1:30 PM

- **Opening Remarks:**
Dr. Carolyn Curtis, PhD, LMFT
Empowering Fathers and Head Start Programs:
Resilience Insights from Mind Matters

- **Keynote Session:**
Dr. Rosina McAlpine, MCom(Hons), MHed, PhD
Nurturing Family Positivity: Supporting Mental Health at Home

Location: International Ballroom

Gain practical knowledge and skills in our **Early Afternoon Workshops (1:35 PM - 2:50 PM)**. From re-unifying families to supporting fathers' participation in groups, these workshops offer valuable insights you can apply in your work and personal life.

- **Re-Unifying Families: Supporting Fathers' Participation in Groups** - Michael Nobles, M.A., Matthew Ashtari, Kimberly Murphy, MA, Marcus Baker
- **Fathering the Traumatized Child** - Dr. Roderick Logan, DPTH, DAAETS
- **How to Be a Father with Faith, Hope, and Love** - Eddie Garcia
- **Allow Your Greatest Crisis to Become Your Greatest Miracle** - Kerry L. Brooks
- **Joyful Literacy and Creative Expression for Young Children and Families** - Steven Hicks
- **It Takes a Village: Black Fathers as Partners in Education** - Tasha Alston, Ph.D, MSW; Mario C. Browne, MPH, CDP
- **Unshakable Dad: The Resilience Formula** - Chauncey Julius
- **Myshroom: A Superior Nutrition for Complete Health** - Alan Attridge

Locations: Various Rooms

2:55 PM - 3:25 PM

- **Afternoon Networking Expo Break**
Location: Pacific Ballroom Expo Hall

LATE AFTERNOON WORKSHOPS

3:30 PM - 4:45 PM

- **Self-Regulation: Supporting Children to Develop This Skill** - Dr. Rosina McAlpine, MCom(Hons), MHed, PhD
- **Debunking Myths of Mental Health and Interfaith Community** - Dr. Henry Gonzalez
- **Debunking Myths of Mental Health and Interfaith Community** - Bishop Henry Hearn and Angela Hearn, MSW
- **Live It List™: How It Saved My Life and Can Save Yours** - Nicole Middendorf
- **Embracing Neurodiversity: Facts, Myths, and Advocacy** - Dr. Gloria Andrade
- **Digital Dads: A Hands-On Guide for Fathering the Future Online** - Thao Tran
- **Changing the Narrative: Engaging Fathers in Their Children's Education** - Dr. Deborah R. Higdon, Dr. Chacko Abraham
- **Structuring a Bridge Towards Student Wellness in College Counseling** - Alicia Jackson, PhD

Locations: Various Rooms

EVENING SCHEDULE

5:00 PM - 8:00 PM

- **Building Bridge-s President's Evening Reception**
Location: International Ballroom

Engage in meaningful conversations and networking throughout the day to foster lasting connections.

SCHEDULE AT-A-GLANCE

April 8-11, 2025

26th Annual Families and Fathers National Conference

 Hilton Los Airport Hotel
5711 West Century Boulevard
Los Angeles, California 90045

