

A NEW CUTTING EDGE MODEL FOR PROVIDERS

HEALTHY FAMILIES & FATHERS SPRING INSTITUTE TRAUMA INFORMED CARE PRACTICES WITH FATHERS

Presented by

*Fathers & Families Coalition of America with Local Affiliate
Long Beach Schools Head Start*

Panel Presentation

*Experts in the Field of Family Development and Trauma Informed Care
Curriculum Training and More*

Featured Speakers Include

Dr. Carolyn Rich Curtis, LMFT
Sacramento, CA

Hiram Rivera-Toro, LMFT
Rancho Cucamonga, CA

Sylvia Rodriguez, MFTI
Baldwin Park CA

Dr. Tony Wu, Psychologist
Mental Health Consultant

Los Angeles County Office of Education Head Start - State Preschool

Moderator

James Rodríguez
President and Chief Executive Officer



Finding A Cause Bigger Than Self

April 20th & 21st

Long Beach Unified School District Head Start
Teacher Resource Center 90755
1299 East 32nd Street,
Signal Hill, California 90755

EARLY RATES END 4-14

\$50.00

Online Registration Only

<https://www.123signup.com/register?id=phykc> Limited Space

Contact Us

424-225-1323 or

joquendo@fathersandfamiliescoalition.org



AGENDA AT A GLANCE

Wednesday, April 20, 2016

8:30 a.m. to 9:00 a.m.	Early On-Site Check-in Registration
9:00 a.m. to 10:20 a.m.	Opening General Session Plenary
10:30 a.m. to Noon	Concurrent Educational Trauma Informed Care Training Session
Noon to 1:30 p.m.	Luncheon General Session – Trauma Based Intervention Training
Break 1:30 p.m. to 3:00 p.m.	Trauma Informed Care Training Sessions

Thursday, April 21, 2016

8:30 a.m. to 9:00 a.m.	Early On-Site Check-in Registration
9:00 a.m. to Noon	Opening General Trauma Informed Care Training Sessions
Noon to 1:00 p.m.	Lunch Break
1:00 p.m. to 3:00 p.m.	Trauma Based Intervention Training
3:00 p.m. to 3:15 p.m.	Closing Remarks and Evaluation

* CONTINUED EDUCATION UNITS TO BE PROVIDED

Wednesday, April 20, 2016
10:30a.m. to Noon

EMOTIONAL PILATES FOR PARENTS

DR. TONY WU
LOS ANGELES COUNTY OFFICE OF EDUCATION HEAD START - STATE PRESCHOOL
LOS ANGELES, CA

WORKSHOP DESCRIPTION: People, specifically parents, go through life with the same or similar personal and interpersonal patterns in different settings and situations, whether it is in intimate, family, working, or friendship relationships. You might be on top of the world one day, but fall to the bottom of the cliff the very next day. Good life and good parenting require emotionally-balanced self. Additionally, health is more than eating healthy and exercising daily. Parents need to learn about emotional health and stress management skills.

Without paying attention to the unconscious patterns, you find yourself behaving in the same way and re-experiencing the same unfulfilling self and others. This workshop will explore the techniques that parents can use to achieve deep joy of stress-free lives with selves, their children, and families. With adequate emotional flexibility, one can have miracles and inner peace. By being in touch with yourself first, you will gain an understanding of how and why you think, feel, and behave in the ways that you do. Let's begin the journey now.

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EL MIEMBRO SILENCIOSO

SYLVIA RODRÍGUEZ, MFTI
BALDWIN PARK UNIFIED SCHOOL DISTRICT EARLY CHILDHOOD EDUCATION - HEAD START
BALDWIN PARK, CA

WORKSHOP DESCRIPTION: La intención de este taller es tener un dialogo reflexivo e informativo con respecto a los conceptos básicos de trauma, las áreas del cerebro que son impactados por trauma, estudios nacionales y el enfoque de cuidado informado por trauma. ¿Cómo puede aparecerse en las diferentes áreas de desarrollo e incluso generaciones y o culturas? Vamos a explorar cómo el trauma puede impactar identidad. También hablaremos acerca de primeros pasos de recuperación del impacto de trauma y construir resistencia. Modos en que las personas aguantan el impacto de trauma y el efecto positivo y negativo que puede tener en los individuos, familias y comunidades será introducidos. (SPANISH)

Noon to 1:30p.m Luncheon

UNDESIRED NEGATIVE BEHAVIOR=A CRY FOR HELP

**HIRAM RIVERA-TORO, LMFT
RANCHO CUCAMONGA, CA**

WORKSHOP DESCRIPTION: This workshop, as a working lunch presentation, will serve two purposes: 1) setting the table for the presenters who will be providing comprehensive workshops for the 2-day conference, and 2) focusing on the transferences that providers need to be aware of to assure that they don't miss critical cues from children who are under stress and in crisis who desperately need their help. Mr. Rivera-Toro will address how defiant, oppositional, aggressive, sexual, and other undesired behaviors, are in many cases, a cry for help. Participants will learn how to recognize the causal factors that are driving the undesired behaviors, rather than becoming frustrated and overwhelmed by the behaviors themselves.

**1:30p.m. to 3:30p.m
General Session Workshop**

BRAIN TRAIN: HOW TO EFFECTIVELY ADDRESS TRAUMA IN COMMUNITY BASED PROGRAMS DAY ONE

**CAROLYN RICH CURTIS, PH.D.
SACRAMENTO, CA**

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WORKSHOP DESCRIPTION: Trauma impacts growth and success in all areas of a person's life, with over 65% of our population experiencing at least one adverse childhood experience and 20% experiencing three or more. Traumatized persons have difficulty in school and in developing and maintaining healthy relationships. They experience increased health problems, struggle with employment, require use of community services to deal with their pain and populate our criminal justice system. Without awareness of how to address trauma our community based agencies services can inadvertently continue their injury. This two-day Brain Train program will focus on an organizational strategy and individual interventions.

Part One of Brain Train provides organizations with an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma. This workshop will provide a basic training for agencies to begin to implement a trauma informed approach for their organization. Participants of Part One will receive a class outline, 9-page Trauma-Informed Organizational Assessment, and assessment tools for your participants. The purpose of this training is to give you and your partnering organizations the foundation for establishing a trauma-sensitive approach.

Participants will learn to:

- Appreciate the high prevalence of trauma in the general population
- Realize the wide spread impact of trauma in programs, organizations or systems
- Recognize the signs and symptoms of trauma in staff, clients and others
- Recognize and support paths of healing from trauma
- Integrate knowledge of trauma into public policies, social and professional organizational procedures and practices, and the community at large
- Support staff dealing with secondary trauma
- Establish and securing boundaries within an organization
- Create an organization that promotes personnel self-care

Thursday, April 21, 2016
9:30a.m. to 3:00 PM

General Session Workshop

RAIN TRAIN: HOW TO EFFECTIVELY ADDRESS TRAUMA IN COMMUNITY BASED PROGRAMS DAY TWO

**CAROLYN RICH CURTIS, PH.D.
SACRAMENTO, CA**

WORKSHOP DESCRIPTION: Part Two of Brain Train was developed to provide organizations with simple yet proven programmatic changes that will enhance program effectiveness with people who have experienced adversity. Organizations may embed skills-based training of Brain Train program into existing curriculum or use it as a stand-alone program. Most impressive about Part Two is the ability to tailor Brain Train to fit diverse populations. Outline training include: Emotional self-regulation; Intrapersonal self-awareness; Developing an observing self; Self-empowerment through physical activity; Course setting for success; and Developing healthy interdependence.

As a result of Brain Train training you will be able to determine your organization's sensitivity to trauma, develop an action plan to create a trauma-sensitive approach to organizational structure, and teach skills that reduce the impact of trauma upon your program participants.

PRESENTER BIOGRAPHIES

Dr. Tony Wu is currently a mental health consultant with the Los Angeles County Office Education's Head Start-State Pre-School Division. He is a licensed psychologist and nationally certified school psychologist. Previously, he worked as a psychologist and clinical supervisor at non-profit mental health clinics. He has also consulted with governmental agencies as a researcher.

Dr. Wu was born and raised in the beautiful tropical island of Taiwan. He immigrated to the United States to start his high school career. With the support and love of his friends, families, teachers, and professors, he was able to complete 4 graduate degrees related to the practice of psychological sciences and therapeutic techniques. Upon Graduating from Indiana University at Bloomington with a Doctoral Degree in Psychology, Dr. Wu pursued additional advanced training in clinical psychopharmacology, law and psychology, pediatric psychology, school-educational psychology, and adult psychology.

Dr. Wu is also a certified employee assistance professional (CEAP), specializing in employees and employers' challenges. Finally, Dr. Wu is a board certified psychologist credentialed by the American Board of Professional Psychology. Dr. Wu strongly believes in training and passing down clinical wisdom and latest knowledge to the next generation of psychologists; consequently, he has been teaching doctoral students, pre-doctoral interns, and post-doc fellows at the university level and clinical level. Dr. Wu also volunteers his time for national organizations, such as American Psychological Association and American Board of Professional Psychology. He is a Fellow of the American Academy of School Psychology. Moreover, he is a prolific writer, having published over 30 articles, book chapters, and newsletters. Finally, Dr. Wu has presented at over 60 regional, national, and international conferences. In his spare time, Dr. Wu enjoys spending time with his wife and their two children, Elysse and Eli. Dr. Wu enjoys traveling, exploring Polynesian Arts, watching movies and TV, reading, and cooking.

Sylvia Rodríguez is a Marriage and Family Therapist Intern (MFTI) with 10 years of experience leading male involvement series with in an Early Childhood Education. Ms. Rodriguez has been a Family Service Facilitator for Baldwin Park USD since 2001. In her role, she supports families with high needs while linking them to community services. She has served as disabilities specialist supporting children with special needs in the classroom. She has worked with English Language Learners conducting Language Assessment Scale Testing. Since 2004, Ms. Rodriguez has edified Head Start and other practitioner's skills to increase Father Engagement Capacity Building. Ms. Rodriguez has a Masters in Clinical Psychology with an emphasis in Marriage and Family Therapy. A select list of national conference she has lectured includes National Head Start Institute on Father Involvement, Dallas TX, June 2004; 6th annual Fatherhood & Families Conference, Phoenix AZ, February 2005; 7th annual Fatherhood & Families Conference, Phoenix AZ, February 2006; and National Head Start Association Conference", New York NY, December 2007.

Hiram Rivera-Toro is a Licensed Marriage and Family Therapist who has worked for the last 35 years with high risk adjudicated and non-adjudicated youth, to include sexually abusive youth, sexually reactive children and youth who are gang affiliated. From 2000 to 2010, Mr. Rivera-Toro served the Superior Court of California, County of Riverside, as the Supervising Court Mediator/Evaluator for the Family and Juvenile Law Divisions.

Mr. Rivera-Toro holds a Bachelor of Arts Degree in Theology and a Bachelor of Science Degree in Behavioral Science, with Emphasis in Psychology from Pacific Union College, Angwin, CA. Mr. Rivera-Toro also holds a Master of Science Degree in Marriage, Family, and Child Counseling from Loma Linda University, Loma Linda, CA. Mr. Rivera-Toro was licensed as a Marriage and Family Therapist by the Board of Behavioral Sciences of the State of California in 1981.

Mr. Rivera-Toro is currently the Chairman of the Board of CARE Counselors, Inc., a faith-based counseling organization providing therapeutic services to numerous denominational churches in Southern California; and is the Chief Executive Officer of PAASE© Programs Inc., which provides risk assessments and clinical individualized treatment programs to high risk youth in Southern California. He is also a practicing consultant to residential treatment placement facilities and provides mediation services to specialized cases referred by the Family Law Division of the Superior Court of California from various southern California counties. He has been qualified as a provider of expert testimony in child sexual abuse and custody cases, testimony on abusive family dynamics, home assessment, family reunification issues, child custody, visitation, access, and victimization issues. Mr. Rivera-Toro was recognized for his commitment to fathers, mothers, and children at the 12th Annual National Fatherhood and Families Conference in May 1-4, 2011 in San Francisco, California.

Carolyn Rich Curtis, Ph.D. is a Licensed Marriage and Family Therapist and founder of the Relationship Skills Center. She obtained her doctorate at the Professional School of Psychology, Masters from CSU, Sacramento and Bachelor's Degree from UC, Davis. The Relationship Skills Center has been recognized as one of the leading organizations in the nation in building healthy relationships, and was awarded two Healthy Marriage federal grants. In recognition of her innovations, the Administration for Children and Families wrote three monographs about the Skill Center. Dr. Curtis spoke at the White House regarding the success of their program. In her clinical practice, she specialized in working with couples, alcohol abuse and trauma. She was an adjunct faculty member in the Psychology Department of California State University, Sacramento and American River College teaching Child Development, Human Sexuality, Stress Management, Applied Psychological Principles and Introduction to Psychology. Dr. Curtis is a trainer of facilitators for Mastering the Mysteries of Love, Bringing Baby Home, Relationship Enhancement, and PAIRS. She is a Certified Imago Therapist, and Certified Clinical Trauma Professional. She presented papers at Smart Marriage Conference, The Governor's Conference on Child Abuse, the California Association of Marriage and Family Therapists, University of California Conference on Child Abuse and Neglect, International Transactional Analysis Association Conference, Fathers and Families Coalition of America, Office of Family Assistance Grantee Conference.

THREE (3) METHODS TO REGISTER TODAY!

Spring Healthy Families & Fathers Institute
Trauma Informed Care Practices with Fathers

City of Long Beach Head Start
Teacher Training Center 90755
1299 East 32nd Street,
Signal Hill, CA, 90755

-  On-line registration at <https://www.123signup.com/register?id=phykc>
-  Fax to: +1-602-237-9821
-  Mail to: FFCA – 5045 W. Baseline Road, A105-216, Laveen, AZ 85339
-  Call for Support: +1-424-225-1323 or +1-424-290-1374
-  Email for support at joquendo@fathersandfamiliescoalition.org

	EARLY	REGULAR
Ends	4/14/16	4/20/2016
Full Institute	\$50.00	\$75.00
One Day Attendance	\$30.00	\$60.00
Virtual/Webinar Attendance	\$30.00	\$50.00

Title: _____ First Name: _____ Last Name: _____

Email: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Method of Payment: Check Credit Card

Credit Card Full Number: _____ Security Code: _____

Exp. Date: _____

Full Credit Card Billing Address: _____

City: _____ State: _____ Zip: _____

FFCA has a no cancellation and/or refund policy.

Full details available at <https://www.123signup.com/register?id=phykc>