20TH ANNUAL FAMILIES AND Fathers National Conference March 4-7-2019

US Preliminary Program

NEW LOCATION! HILTON LOS ANGELES AIRPORT 5711 W CENTURY BLVD, LOS ANGELES, CA 90045

# 20TH ANNUAL FAMILIES & FATHERS NATIONAL CONFERENCE 2019

# PRE-CONFERENCE MARCH 4TH FULL CONVENTION MARCH 5TH - 7TH

## JOIN US FOR SPECIAL TALK SESSIONS, LIMITED WORKSHOPS AND LOCAL AREA EVENTS...

# **ENROLLMENT AND CREDENTIALING SUPPORT?**

CALL FOR WORKSHOPS NOW OPEN

Our conference provides comprehensive professional development to diverse participants, such as Head Start Teachers, Family Service Workers, Child Welfare Workers, Fatherhood Practitioners, Criminal Justice Professionals in Probation, Parole, Health-Care and Maternal and Child Professionals, Social Workers, Marriage and Family Therapist, and others working with children and families daily.

> EARLY CONFERENCE REGISTRATION OPEN Member \$285 Non-member \$345

SPECIAL TALK SPEAKERS & EXPERTS

An international faculty of workshop presenters from Scotland, Australia, Puerto Rico, and over twenty-states over this 4-day event. Sessions Included Early Childhood Education, Family Enagement, Social Policy & Advocacy, Child Welfare, Wellness, Fatherhood Practitioners, Tramua Informed Care Models, Networking and More.





ALFIE@FATHERSANDFAMILIESCOALITION.ORG
 760-578-8661
 WWW.FATHERSANDFAMILIESCOALITION.ORG



STAY CONNECTED TEXT US AT 31996 FATHERS AND FAMILIES COALITION

# United States Senate

COMMITTEE ON HOMELAND SECURITY AND GOVERNMENTAL AFFAIRS COMMITTEE ON THE JUDICIARY SELECT COMMITTEE ON INTELLIGENCE COMMITTEE ON THE BUDGET

March 7, 2019

Dear Friends,

Welcome to the 20<sup>th</sup> Annual Families and Fathers National Conference.

For more than two decades, the Fathers and Families Coalition of America has worked to promote personal and professional improvement of individuals and their roles in their families. Over the course of this conference, attendees will have the opportunity as individuals, parents, and professionals to engage in discussions and develop strategies to improve the lives of our children and families. I am grateful for your continued efforts to encourage father engagement and champion the needs of children throughout California. Investing in the children of California is investing in the future of our state.

Once again, thank you for your dedication to improving the well-being of our families, our communities, and our futures. Enjoy a memorable conference.

Sincerely,

Kamala D. Harris United States Senator



# **CALL TO ACTION: SPECIAL POLICY PRESENTATIONS**

U.S. Department of Health and Human Services Administration for Children and Families will address current federal policies and laws that require programs to engage fathers. Featured Talk Speakers will provide an in-depth overview of ACF's expectations that agencies that provide programs funded by ACF implement fatherhood programming. **The following providers should not miss out on our morning Talk Session:** 

- Temporary Assistance for Needy Families
- Head Start
- Child Care
- Child Welfare
- Child Support

- Refugee & Resettlement
- Foster-Care, Workforce
- Runaway and Homeless Youth Program
- Adolescent Pregnancy Prevention Program
- Family Violence Prevention Services Program and other family and youth services.

## U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Administration for Children and Families Overview of Integrating Approaches that Prioritize and Enhance Father Engagement

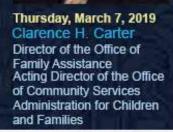
Impacts & Opportunities for Federal Government with State, County, Local Government, and Community Based & Faith-Based Organizations.



Tuesday, March 5, 2019 Commissioner Scott Lekan The U.S. Office of Child Support



Wednesday, March 6, 2019 Carlis V. Williams, Regional Administrator for the U.S. Department of Health and Human Services Administration for Children and Families



20th Annual Families and Fathers National 2019 Conference

Fathers & Family COALITION OF AMERICA

Finding A Cause Bigger Than Self



Welcome Letter and Introducing Conference Sponsors	5
International Featured Talk Speakers	6
Workshop Presenters	
Increasing Resiliency Series	8
Fatherhood & Child Development Series	10
Family & Father Engagement Strategies Series	12
Integrative Approaches Series	15
Special Events	
Interfaith Session	17
Sunday Brunch & Beach Venice and Santa Monica	18
Night on the Stars – Hollywood Tour	18
Hosted Opening Night Reception	18
Meet the Authors @ Reception	
Complimentary Closing Gala & Awards	19
The Honorable Stanley Seiderman Father of the Year Award	20
Couples of Excellence Award	20
Special Networking Events	21
Men2Men: Let There Be Men	21
Women2Women: Elevating Your Masterpiece	21
Looking Forward: Regional Networking	21
Credential – Curriculum – Certificate Training	22
Advanced Practitioner Credential Training	22
Nurturing Fathers Curriculum Training	23
Seeking Safety Trauma Informed Care & PTSD Curriculum Training	24
How to Avoid Falling for a Jerk/Jerkette: Instructor Program	25
Schedule At-A-Glance	26
Continuing Education Units (CEUs)	27
Hotel Room Reservation Information	28
Workshop Descriptions by Scheduled Day	29
Registration Form	

Fathers & Famile COALITION OF AMERICA

Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference





## WELCOME

Twenty-years of bringing together talented individuals to help those working with families, children, and parents receive cutting-edge information, skill-building, and more started at rural Arizona Head Start agency. Twenty-years goes into a new generation of professionals working with parents, organizations in service of their communities, and parent attendees seeking added inspiration as parents to give children a better life. The conference in 2019 will be dynamic, because of the diverse presenters, tremendous

staff support, outstanding volunteers and a vision of finding a cause bigger than self. The vision of Fathers and Families Coalition has expanded the horizons with a growing membership and affiliated agency based in regions throughout the United States, Australia, Africa, China, Caribbean, and United Kingdom, with more coming. Call to action for attendees to be part of the Fathers and Families Coalition and promote the unique positive influences of fatherhood and motherhood for children, our present not just our future.

In 2019, we will host exceptional workshops, the featured Talk Presenters will give unique skills but a depth of inspiration, special seminars are intended for advanced professional development, our special events included in all full-registrations ends with our closing gala to increase opportunities beyond networking in building sustain professional connections. We are planning on added speakers and events to an already exceptional event with speakers from Australia, Scotland, Puerto Rico, and regions throughout the United States. Stay connected to keep up to date.

In Service,

THEFTADO TIVE OF FREE X PUESDENT









20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org









**Dr. Aida Diaz** President Asociación de Maestros de Puerto Rico San Juan, Puerto Rico



**Dr. Carolyn Curtis, LMFT** Author and Therapist Founder of the Relationship Skills Center Sacramento, California



**Dr. Armon Perry** Assistant Professor Kent School of Social Work University of Louisville Louisville, Kentucky

# FEATURED TALK PRESENTERS



Jarrett Patton, MD Board Certified Pediatrician CEO of DoctorJarret, PLLC Reading, Pennsylvania



Commissioner Scott M. Lekan

The United States Office of Child Support Enforcement Washington, District of Columbia



Dr. Rosina McAlpine Founder, President, and CEO Win Win Parenting, Inc. Sydney, Australia



Ms. Hyepin Christine Im, CPA, MBA Founder & President Faith & Community Empowerment



Ms. Latasha C. Watts Founder & President The Purple Project Shaker Heights, Ohio



**Dr. Warren Farrell** Author Mills Valley, California



Dr. Rufus Sylvester Lynch ACSW Chair of The Strong Families Commission Philadelphia, Pennsylvania



Mr. Richard Ramos Founder, President & CEO Latino Coalition for Community Leadership Santa Barbara, California





Fathers & Families COALITION OF AMERICA

Finding A Cause Bigger Than Self





**Dr. Maria Napoli. LMSW** Associate Professor School of Social Work Arizona State University Scottsdale, Arizona



Mr. Larry Savala Founder & President Hispanic Family Initiative Houston, Texas



Ms. Kathleen Strader National Director Healthy Families America National Office Prevent Child Abuse America Chicago, Illinois



**Dr. Obie Clayton, JR.** Edmund Ware Chair & Distinguished Professor Clark Atlanta University



Ms. Chandra Lopez Brooks Commissioner, Status of Women and Girls-Santa Clara County San Jose, California



R. Anna Hayward, Ph.D., MSW Associate Professor, School of Social Welfare Stony Brook University, New York



Dr. Lisa Najavits Director of Treatment Innovations Adjunct Professor University of Massachusetts Medical School Boston, Massachusetts



Mr. Shawn "Freshco" Conrad Hip-Hop/Rapper - Author - Film Atlanta, Georgia



Ola Akinwe Founder Boys Mentoring Advocacy Network Lagos, Nigeria

20th Annual Families and Fathers National 2019 Conference





Finding A Cause Bigger Than Self





Ms. Barbara Coloroso Greeley, Colorado *The Bully, The Bullied, and The Not-so-innocent Bystander* 



Jennifer Auman Lincoln, Nebraska I Am Enough. A Look At Resiliency For Parents & Self-Care And Resilience; Strategies To Rebuild Your Bounce!



Mr. Delvyn Crawford Milwaukee, Wisconsin Poor Start, Strong Finish - Finish Strong!

COALITION OF AMERICA

Finding A Cause Bigger Than Self

# **INCREASING RESILIENCY**



Dr. Carolyn Curtis Carmichael, California Mind Matters: Overcoming Adversity and Building Resilience



Dr. Ashley Harrell Gurnee, Illinois Empowering Parents of the Future by Addressing Adolescent Trauma





Dr. Felicia Murray with Dr. Sherece Shavel Fort Worth, Texas (Un)Invisible Fathers: Affirming Strategies to Recognize and Reverse Paternal Distress

> 20th Annual Families and Fathers National 2019 Conference





## **INCREASING RESILIENCY**



Mr. Michael Freeman Los Angeles, California How To Have Transformative Conversations With A Teenager



Ms. Grace Scott Crockett Tempe, Arizona Family Awareness Crisis Education Intervention & Training

Alvaro Llanos Washington, District of Columbia Helping Parents Understand The Effects Of Violence

# Mr. Franklyn M. Malone with Ms. Stephanie Meyers

Washington, District of Columbia Violence De-escalation: Reactionary Masculinity Syndrome for Young Men of Color



Ms. Tana Session Pasadena, California From Foster Care To Fabulous - Propel To Success!





Mr. Jesse Jordan with Mr. Lonnie Grant Philadelphia, Pennsylvania No Longer Invisible: Journey to Empower Homeless Fathers and children

20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org



Fathers & Familes COALITION OF AMERICA



# **FATHERHOOD & CHILD DEVELOPMENT**



Dr. Rosina, McAlpine Wollongong, Australia Developing Emotional Intelligence In Children Toddler To Teenager



Susie Beltran Grimm Costa Mesa, California Innovative Public Media Resources For Early Learning





Debra Sarmento & Fran Goldfarb Sacramento, California Using The CDC's "Learn The Signs. Act Early." Materials

COALITION OF AMERICA

Finding A Cause Bigger Than Self



Lora Hunter Camarillo, California Supporting Language Development For Young Children And Families



Barbara Coloroso Greeley, Colorado Kids Are Worth It! Parenting With Wit And Wisdom



Dr. Nicoline Ambe Carson, California 7 Steps to Raising A High Achiever

20th Annual Families and Fathers National 2019 Conference





# **FATHERHOOD & CHILD DEVELOPMENT**



Dr. Charles Woodard Boynton Beach, Florida How Fathers Enhance Children's Socio-Emotional Development Via Gentle Teaching



Luis Barajas, MSW., and Ana Duarte Los Angeles, California Eliminating The Stigma And Barriers In The Classroom



Dr. Annette Miles Washington, District of Columbia Family Engagement: Short Projects That Create Lasting Memories



Cedric Nelms Carson California Fathering A Generation Without Direction: The Three Cycles of Life



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



#### FAMILY & FATHER ENGAGEMENT STRATEGIES



Dr. Rosina McAlpine New South Wales, Australia Thriving Families Through Connection And Life-Skill Education



Mr. Alex Borchardt Exeter-Devon, England, United Kingdom Helping Estranged Fathers - A British Perspective





Dr. Nicole Scott with Jamaal Scott Pine Hill, New Jersey Best Practices For Building And Sustaining Father Engagement



Mark Perlman *The Nurturing Fatherhood Curriculum Training* Sarasota, Florida



Eugene Schneeberg Fairfax. Virginia Engaging Fathers: Resources from the National Responsible Fatherhood Clearinghouse



Dr. Antonio Harrison Pasadena, California Batman versus Superman: The Super Hero Dad

20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org







#### FAMILY & FATHER ENGAGEMENT STRATEGIES





Dr. Tanya Coakley with Dontae' Roberts, LCSW., & Garland Nichols, MSW Greensboro, North Carolina Impact of Fathers' Sexual Health Talks on their Sons'



Dr. Jeffry Woods with Ms. Senta Greene Valencia, California Activate The 5 Pillar Performance for Living and Leading



**Dr. Lynnette Long** Los Angeles, California





Dr. Armon Perry & Dr. Cheri Langley Louisville, Kentucky 4 Your Child: Dads Making The Difference



Kathleen Roe & Doreen Finley Trenton, New Jersey What The Funder Wants? Or The Father's Needs?



**Mr. Kevin Toney** Porter Ranch, California Winning The Big Game - Relationship Training For Males

**20th Annual Families and Fathers** National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org



How Do I Gain My Territory Back



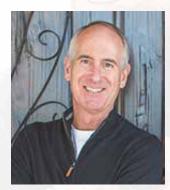




#### FAMILY & FATHER ENGAGEMENT STRATEGIES



Mr. Walter Simpkins with Mr. DC Dunkle Schenectady, New York Building & Re-branding Your Fathers program-From Relevance to Excellence



Dr. John Van Epp San Clemente, California Home Run Dads: An Evidenced-Based At-Home Certification Course



Mr. Jamar Williams Pittsburg, Pennsylvania Living on Purpose: Repurposing Lives After Prison





Mr. Marc Warren and Mr. Carter Patterson Trenton, New Jersey The Secrets That Make Us Sick



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



# **INTEGRATIVE APPROACHES**



lan Houston Carrollton, Georgia Successfully Establishing And Executing A System-Driven Mission



Adnoris "Bo" Torres Grand Rapids, Michigan Padres Fuertes Initiative: A Holistic Approach To Engaging Latino Fathers



Dr. Carletta Perry-Artis with Shelton Artis San Antonio, Texas Change Your Life Coaching Masterclass: Man, Your Post!



Crissy Butts Tomball, Texas Family Team Building Fresh Fun and New



Dr. Jesse Sanders Columbus, Ohio Redefining Empowered Family Unit Detour Theory





Dr. Henry Hearns, Bishop with Angela Hearns, MSW Palmdale, California The Making of a Queen Takes" a King "Father & Daughter Relationships

> 20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org







# **INTEGRATIVE APPROACHES**



Tina Konkin Irvine, California Relationship Lifeline



Linda Rouseau Scottsdale, Arizona I Am Ready To Open My Eyes



Shanne Sowards Milwaukie, Oregon Unpacking the Mystery of Serving Teen Fathers



Serafin Serrano Anaheim, California Fierce Compassion: Bold Healing-Centered Practices



Dr. Terri Horton Chino Hills, California How Artificial Intelligence Recruiting Systems Impact Job Access



Dr. Chacko Abraham La Paz, Bolivia A Fatherless Journey: The Impact of Absent Fathers

> 20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org









Mr. Dave Linn Kew Gardens Hills, New York

Title: What? Why? Me? Defining Gratitude, Assessing Gratitude and Creating the Gratitude Habit-Part Two



Aaron Jordan Jr. Murfreesboro, Tennessee Revamp Relationship How to Heal before Moving On

# **SPECIAL EVENTS**

#### Interfaith Session Before Complimentary Morning Breakfast

The year prior to the very first conference hosted by Fathers and Families Coalition, Mr. Leonard G. Knight, MPA, President of 100 Black Men of Phoenix counseled the founder and now President and Chief Executive Officer of Fathers and Families Coalition of America (James Rodriguez) what a special opportunity to infuse discussion of faith and family. The vision to bring together how faith has an essential role in the development of healthy communities, families, and fathers. The important call to action taken to ensure the time together would not be one that renounces a religious or principle but discussions on how faith community could be partners working with the practitioner to collectively work with families.

The interfaith sessions over the time have introduced individuals to ancient traditions and wisdom of indigenous First Nation attendees, common grounds of varied Christian denominations, Judaism, Muslim, Hinduism, Sikhism, and from members of government overseeing Interfaith and Neighborhood Partnerships.



FFCA hosted different speakers from Super Bowl champion, Brent Jones, San Francisco 49ers how football became a tool to stress the importance of his marriage and faith. Wednesday, March 6, 2019, from 7:30 to 8:30 a.m. join for a constructive, and positive interaction between people of different religious traditions with a focus on how collectively improve the needs of individuals and families.

The coming together from diverse backgrounds allows learning from a place of commonalities to support and advocate for the needs of others as pictured and we hope you join us early on Wednesday, March 6, 2019, before a hearty breakfast.

Following the Interfaith Session is a time for a full-plated breakfast and opening of the second day's general session and Talk Speakers, "Wellness For Families & Communities."





March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org





# **SPECIAL EVENTS**

#### Sunday Brunch & Beach Day

After many requests to develop networking opportunities to enjoy new connections, time with family and friends. FFCA has established an optional purchase for lite brunch on Sunday, March 3, 2019, leaving for Redondo and Venice Beaches for shopping, site-seeing, even going into the Pacific Ocean returning late afternoon as a relaxing day as limited space opportunity for conference attendees and open to their guests.



#### **Opening Night**

Every year, FFCA hosts on the first day of the general convention an opening night where hundreds of attendees gather to enjoy the hosted lite dinner, beverages, entertainment, and a special meet the authors. FFCA is planning on hosting with the Hilton LAX Hotel a buffet dinner with beverages for conference attendees as a complimentary program. Non-paid attendees or guests of attendees and speakers may purchase a ticket to join in the night under the stars with live jazz performers, a return of salsa, merengue, and cha-cha dance lessons, great disc jockey but the highlight are the authors. Presenters will set-up tables and share with the audience in rapid rotations the power of their publications with the book signing from very diverse and talented authors as a great night of networking and fun, Tuesday, March 5, 2019

#### **Night on the Stars**

Join colleagues after checking in, attending a day of training, or expanding your trip with a tour to the globally renowned Hollywood Walk of Fame. Enjoy capturing new memories and taking in a part of Los Angeles often missed for conference attendees. The tour bus will leave the Hilton Hotel by 4:30 p.m. returning by 8:00 p.m. with an opportunity for conference attendees and their guests to purchase this limited tour that is space limited, have fun Monday, March 4, 2019 exploring Hollywood.



20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org



# **CLOSING GALA HONORING COUPLES, FATHERS, AND LEADERS**

**Complimentary for Attendees**: During our national conference, we host Dr. Ramon and Dr. Yolanda Nieves Family Affair Red Tie/Red Dress Gala that in 2019 is included in all full-conference fees, exhibitor fees, and open the public for a modest event ticketing fee. Twenty-years of tireless work, countless talented speakers, tens of thousands of attendees globally, and servant leaders make this a special night. March 7, 2019, is the closing day for a well-planned event that ends with a night of inspiration, new connections, strengthen of skills, and looking to support the next generation of leaders, community advocates, selfless individuals, transformational parents, and healthy communities.

**20th Annual Families and** 

FATHERS NATIONAL MARCH 4-7, 2019

The annual gala has roots from awards bestowed to individuals since 2002, and these have been presented to Head Start parents, community advocates, grassroots workers, champions for families and children, such as Congresswoman Maxine Waters, Arizona Governor Janet Napolitano, musical icons Gladys Knight and her husband William McDowell, Mr. Eddie Levert of the O'Jay's, Cedric the Entertainer and as Cedric's son shared, "My dad is getting an award for what he should be doing, being a great dad!" We have honored leaders such as Tommy Dortch, Jr. President of 100 Black Men of America, Honorable John S. Martinez, President of the National Hispanic Conference of State Legislators and California State Senator, Leeland Yee, Los Angeles Renowned Advocate, Josefa Salinas as well as many others have been honored at our national conference and gala from Wounded Warrior Honorees as role models as dads, couples, and advocates.



**20th Annual Families and Fathers** National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>. 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org





# 20TH ANNUAL FAMILIES AND FATHERS NATIONAL CONFERENCE MARCH 4-7, 2019 AFFIRMATION

# **CLOSING GALA HONORING COUPLES, FATHERS, AND LEADERS**

**The Honorable Stanley Seiderman National** Father of the Year Award established with the FFCA to recognize fathers who are righteous and upright men in their communities. Ethel Seiderman, then widow created criteria prior her to meeting her beloved after her passing in 2016. Since 2006, she requested this National Father of the Year Award goes to not those will greater opportunities but for those who went through have risen above their adversities to become "Righteous and Upright Men." Mrs. Seiderman wanted the nomination(s) to come from the community and share how the nominated father(s) have offered their time and talents to enhance children, youth and families. It was her request to highlight fathers who have used the powerful role of fatherhood with an active lifestyle to a cause bigger than themselves by making a positive contribution to their children, as well as youth and families in their community.

#### **National Couples of Excellence Awardees**

examine the legacies of marriage, strengthening families and perseverance. Vision to Celebrate Families, Healthy Relationships, Marriages, and Living Legacies: "How do some couples who overcome great perils and storms of marriage? What strategies can they share with attendees, marriage and fatherhood programs, multi-faith marriage & community-based organizations to help support marriage and take inventory to reduce divorce and impacts on spouses, children, families and our communities for Dr. Gene & Sarah Barbara Blue – Couples of Excellence Award.



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



## SPECIAL EVENTS



#### Men2Men: Let There Be Men

Encore! Wednesday, March 6, 2019, as requested by the men who attended the 2018 national conference to bring back this night for men to discuss the strengths of men, developing throughout various moments in the life of manhood. In 2018, this was a moving and powerful moment. FFCA Affiliate and first African American Mayor of Lancaster, California, Bishop Henry Hearns (ret.), Community Advocate, Mr. Serafin Serrano of Anaheim, California, Two-tour Iraq, and Afghanistan Veteran, Mr. Alex Rodriguez at Oceanside, California and Fatherhood Practitioner, Mr. Delvyn Crawford, Milwaukee, Wisconsin to facilitate this special event. The call to action for this Wednesday evening special event, based on a poem, "Let There Be Men."





#### Women2Women: Elevating Your Masterpiece

FFCA Consultant, Dr. Lisa DT Page-Sistrunk of Atlanta, Georgia with Linda Rousseau, of Scottsdale, Arizona take on the opportunity from numerous requests from attendees to have a special Wednesday, March 6, 2019 event to discuss the power of women blended with the needs to advance as women, mothers, spouses, leaders, and for self. The call to action is a call for fellowship, growing insights, sharing of wisdom, and stories of strength, you do not want to miss out!

#### Looking Forward: Regional Networking

Thursday, March 7, 2019, FFCA will shift from the morning general session into three comfortable and interactive networking sessions where attendees can discuss projects with expert speakers that present throughout the conference. It's an excellent opportunity for attendees in the latter parts of the 20th Annual Conference! Looking Forward will feature networking sessions in separate rooms. Each room will have a focus on a topic, and networking of attendees based on attending as a parent, practitioner, or executive. This set-up is ideal for the attendees to interact with both speakers from those three areas as well as it allows everyone to get to know each other and leaves enough time to follow-up during the closing workshop sessions, breaks, and an evening gala. Optional networking sessions will be provided after the 20th Annual Conference facilitated by FFCA for the several networking sessions offered. Networking will provide one more added value: by helping to use the information, resources, workshops, and connections to advance the needs of attendees.

#### 20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org





MONDAY, MARCH 4, 2019 8:30 a.m. – 4:30 p.m. Fathers and Families Coalition of America PRACTITIONER CREDENTIAL

Fathers and Families Coalition of America has created comprehensive training for new and advanced practitioners. The credential training is 15-hours as well as an approved continuing education program with an in-person event, followed with virtual post-conference training, and a practicum to complete the program requirements. The Advanced Practitioner Credential is a comprehensive training for helping professionals with integrated strategies with a focus on working with young parents, intervention around trauma, Motivational Interviewing (MI) with integrated Cognitive Behavioral, Cognitive Processing, and Schematic interventions to meet the needs of new frontline workers and seasoned professionals working with parents, children and families. The description does not fully relay the fun, thoughtfulness, and reflective opportunities in the classroom with the materials that challenge attendees and instructors how to make a difference working with others by enhancing skills.

The methods of instructions and limiting the class size allows for an environment that fosters either new skill building and or enhancing skills with specific integrative approaches and intervention, culturally appropriate methods, evaluation, and required practicum for the credential. FFCA will include an emphasis on portions of the training to focus on training practitioners to use with parents, e.g., DiSC, EQ, Mindfulness, Stress Reduction, and Safety to foster wellness, healthy communications, and building on strengths. FFCA Practitioner Credential is a requirement for those who want to go through a master level program or our fatherhood life coach program that expands on applying and teaching other skills introduced. The course as a 200+page manual revised September 2018 with increased areas on MI and Mindfulness. The manuals are optional, however, each past attendee without the accompanying manual(s) has requested post-training.

#### **PARTIAL GOALS**

- 1. Greater knowledge and implementation of evidence-based and best practices for promoting nurturing and responsible fathering
- 2. Greater understanding and application of evidence-based and best practices for Trauma-Informed Systems of Care for Men/Fathers
- 3. Adopt the uniform core competencies, evidence-based curricula, and screening tools
- 4. Participants will reach a broader range of the community, culturally appropriate methods, engagement and retention of fathers in service deliverables
- 5. Development of best practices for practitioners concerning children, youth and their families as appropriate approaches and interventions in serving the community incorporating fatherhood services.
- 6. Greater collective implications through organizations from different sectors working together to improve parenting and child well-being

\* There are only 30 seats available for this special advanced training seminar. Participants must be registered paid attendee for either for a one-day attendance option or full-conference attendance option to participate in this special seminar.



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



TUESDAY, MARCH 5, 2019 10:30 a.m. – 4:30 p.m. Mark Periman NURTURING FATHERS PROGRAM FACILITATORS TRAINING

Sarasota, Florida (follows morning opening general session)

SAMHSA National Registry of Evidence-based recognizes the Nurturing Father's Program

Programs and Practices as a proven effective curriculum that teaches nurturing attitudes and skills to men. What the research says: The overwhelming conclusion from a large amount of available research and evidence is that children and families greatly benefit from the presence and participation of a Nurturing Father. Specifically, "participants in The Nurturing Father's Program improved in their understanding of the developmental capabilities of children, improved in the ability to demonstrate empathy towards the needs of children. Improved practice outcomes reported the use of alternative strategies to corporal punishment, increased understanding and acceptance of the needs of self and children, and increased in the value placed on children feeling empowered". ("Parental Attitudes and Behavior of Participants in The Nurturing Father's Program," Daire A.P., Greenidge, W.L., & Johnson, N.M.). In a separate research study, these outcomes were validated for African-American, Hispanic and Caucasian fathers. What the NFP graduates say: "…a fantastic journey/education into learning healthy fathering". "…the most valuable tool for me and my family's success and unity". "Forget all the books, audio, and what your family and relatives have said and taken this course."

Attendees will receive a meaningful and memorable learning experience to become a Nurturing Fathers Program Facilitator!

\* There are only 30 seats available for this special advanced training seminar. Participants must be registered paid attendee for either for a one-day attendance option or full-conference attendance option to participate in this special seminar.



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



WEDNESDAY, MARCH 6, 2019 1:00 p.m. – 4:30 p.m. SEEKING SAFETY PROGRAM FACILITATORS TRAINING Dr. Lisa Najavits, Director of Treatment Innovations Adjunct Professor, University of Massachusetts Medical School

Boston, Massachusetts

Seeking Safety Facilitators Training is an evidence-based model for trauma and substance abuse—with a focus on men. Anyone who attends can implement Seeking Safety in their set if they choose to. Seeking Safety teaches present-focused coping skills to help clients attain safety in their lives. It is highly flexible and can be conducted in any setting by a wide range of practitioners and peers. There are up to 25 treatment topics, each representing a safe coping skill relevant to trauma and substance abuse, such as "Asking for Help," "Creating Meaning," "Compassion" and "Healing from Anger." Topics did in any order, and the classes or intervention can be done in few or many sessions as time allows. Seeking Safety strives to increase hope through an emphasis on ideals; it offers exercises, emotionally evocative language, and quotations to engage patients; attends to clinician processes and provide concrete strategies to build recovery skills.

In this training, we cover (a) an overview of Seeking Safety; and (b) critical points on clinical implementation. Assessment tools and national resources provided with the video, exercises, and discussion. This approach centers on five principles philosophies:

- 1. Safety is the highest priority to begin the recovery process and throughout the recovery process, specifically focusing on attaining security in relationships, thinking, behavior, and emotions.
- 2. Integrated treatment of PTSD and substance use concurrently.
- 3. Focus on ideals to counteract loss occurred through PTSD and substance use.
- 4. Addressing four major content areas: cognitive, behavioral, interpersonal, and case management, and
- 5. Attention to the clinical process.

The concept of safety interwoven into each unit, with the idea that protection allows for forwarding movement in the trauma recovery process. Safety is defined as discontinuing substance use, eliminating suicidality and suicidal ideation, minimizing exposure to high-risk behavior, letting go of unhealthy relationships (platonic and romantic), gaining control over PTSD symptoms (depression, dissociation, hyperarousal, anger, etc...), and ending self-harming behaviors. Clients learn to both prioritize their safety, in addition to taking responsibility for their safety.

\* There are only 30 seats available for this special advanced training seminar. Participants must be registered paid attendee for either for a one-day attendance option or full-conference attendance option to participate in this special seminar.

Fathers & Familes

Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



THURSDAY, MARCH 7, 2019 1:00 p.m. – 4:30 p.m. *Healthy Relationships - How to Avoid Falling for a Jerk/Jenrette: Instructor Certification Program*  **Dr. John Van Epp, Founder & CEO** Love Thinks, LLC

San Clemente, California

The collaboration with FFCA and Love Thinks, LLC presents a unique opportunity for full-conference paid attendees. This no-cost training is a first step toward becoming certified in the evidence-based and internationally-used curriculum, How to Avoid Falling for a Jerk(ette). Help singles develop skills for effectively building a relationship with the Relationship Attachment Model (RAM) by setting boundaries, pacing attachment, intimacy, trust, sex and commitment. It also teaches singles the five areas to explore in a dating relationship that, throughout research, have been shown to be predictive of marital quality and longevity. Those who attend can purchase the Instructor C ertification Course that can be viewed and learned from their homes at a 20% discount (\$280 plus S/H).

The youth version of this program is taught in High Schools throughout the country, the adult version in community initiatives, social agencies, and re-entry programs; the military version has been taught by all branches for over 15 years, and the Christian version in churches/single organizations. (available English, Spanish & Chinese).

\* There are only 30 seats available for this special advanced training seminar. Participants must be registered paid attendee for either for a one-day attendance option or full-conference attendance option to participate in this special seminar.



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



## SCHEDULE AT-A-GLANCE

Sunday, March 3, 2019 9:00 a.m. Brunch\*\*\*Ticketed Event 11:00 a.m. Beach Tour \*\*\*Ticketed Event

6:00 p.m. – 8:00 p.m. Volunteer Orientation & TBD National Affiliate and Member Networking

Monday, March 4, 2018 7:30a.m – 6:00 p.m. Registration

8:30a.m. – 4:30 p.m. Advanced Practitioner Credential Training \*\*\*Separate Registration Fee

4:30p.m. – 8:00p.m. A Night on the Stars\*\*\*Ticketed Event

## SCHEDULE AT-A-GLANCE

Tuesday, March 5, 2019 Welcome & Grand Opening of the 20th Annual Conference & Exhibitions Registration 8:00 a.m. – 6:00 p.m. **Exhibits** 8:00 a.m. – 5:00 a.m. **General Session and Opening Talk Session** 8:30 a.m. - 10:15 a.m. Workshop Block I 10:45 a.m. – 12:00 p.m. Workshop Block II 1:30 p.m. – 3:00 p.m. Workshop Block III 3:15 p.m. – 4:45 p.m. 10:30 p.m. – 4:30 p.m. **Nurturing Fathers Training** 

#### **OPENING HOSTED RECEPTION**

5:00 p.m. to 8:00 p.m.



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



# SCHEDULE AT-A-GLANCE

Wednesday, March 6, 2019 Day-Two of The 20th Annual Conference & Exhibitions Registration Exhibits Interfaith Open Session Hosted Breakfast for Paid Conference Attendees **General Session and Opening Talk Session** Workshop Block IV

Workshop Block V Workshop Block VI Seeking Saftey Program Facilitators Training Men2Men: Let There Be Men Women2Women: Elevating Your Masterpiece

# SCHEDULE AT-A-GLANCE

Thursday, March 7, 2019 Day-Three of The 20th Annual Conference & Exhibitions Registration Exhibits

#### **General Session and Opening Talk Session**

Special Networking Session: Looking Forward Workshop Block VII Workshop Block VIII Live Jazz and Networking Pre-Gala Experience National Gala Awards and Networking 7:00 a.m. - 4:00 p.m. 7:00 a.m. - 5:00 a.m. 7:00 a.m. - 8:00 a.m. 8:00 a.m. - 8:30 a.m. 8:30 a.m. - 10:30 a.m. 10:45 a.m. - Noon p.m. 1:15 p.m. - 2:45 p.m. 3:00 p.m. - 4:45 p.m. 1:00 p.m. - 4:30 p.m. 5:00 p.m. - TBD\*\*\*lite meal provided 5:00 p.m. - TBD\*\*\*lite meal provided

7:00 a.m. – 6:00 p.m. 7:00 a.m. – 5:00 a.m. 9:00 a.m. – 11:00 a.m. 11:00 a.m. – 12:15 p.m. 1:15 p.m. – 2:45 p.m. 3:00 p.m. – 4:30 p.m. 5:00 p.m. – 6:00 p.m. \*\*\*Ticketed Event 6:00 p.m. - TBD\*\*\*Ticketed Event

**CONTINUING EDUCATION UNITS (CEUS)** Fathers and Families Coalition of America is a nationally approved continuing education provider. FFCA will provide Continuing Education Units (CEUs) to FFCA conference participants who apply (see registration form). Interested conference attendees will need to pick up a CEU form from the Conference Registration Desk and submit it to FFCA, with payment, following the conference on the last day.

# **CONFERENCE HOTEL**

Hilton Los Angeles Airport -5711 W Century Blvd, Los Angeles, CA 90045 Save with conference rates at \$159.00 Book your hotel room for FFCA 20th Annual Families and Fathers Conference at special rates, available on an exclusive

basis. Free transportation from LAX! Book your room here:

https://book.passkey.com/event/49617272/owner/50954/landing



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



## TUESDAY

Dr. Rosina McAlpine New South Wales, Australia

#### *Title: Developing Emotional Intelligence in Children, Toddler to Teenager*

Description: The term "emotional intelligence" was first introduced in 1990 by Peter Salovey and John Mayer. Their work was further developed and popularized five years later through Daniel Goleman's 1995 bestselling book Emotional Intelligence: Why it Can Matter More Than IQ. These researchers outlined five distinct, but interrelated aspects of emotional intelligence.

This interactive workshop will support participants to develop their knowledge and skills in the area of emotional intelligence. This workshop is designed to help parents, teachers, early childhood educators, coaches and professionals who work with children from toddler to teenager. Participants will be able to: 1. Understand the basics of the five domains of emotional intelligence. 2. Discuss the many benefits of developing children's emotional intelligence.

3.Apply their learning of the various practical activities that support the development of emotional intelligence in children aged 18 months to 18+ years in their daily life with children. **Dr. Armon Perry and Dr. Cheri Langley** Louisville, Kentucky

#### Title: 4 Your Child: Dads Making the Difference

Description: Research indicates that children with involved fathers fare better than children with disengaged fathers. In response, this workshop provides responsible parenting, economic stability, and relationship education services to fathers at risk for disengagement in an attempt to improve the quantity and quality of their involvement with their children. In this program, non-resident fathers across several Kentucky counties provide a solution-oriented program featuring group-based parent education and individualized case management to help them achieve financial independence, increase their parenting skills and develop a co-parenting alliance with their children's mother. Workshop attendees will be: Introduced to 4 Your Child's intervention including its parent education curriculum and case management model; presented with the results of analyses related to fathers parenting knowledge, parenting self-efficacy and reports of co-parenting relationship quality; and provided with recommendations for increasing participant recruitment and retention.

> 20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org





#### **Dr. Terri Horton** Chino Hills, California

# Title: How Artificial Intelligence Recruiting Systems Impact Job Access

Description: This workshop is for Youth Development Workers, Workforce Development and Economic Mobility Professionals and Reentry Community-Based Professionals. Most organizations use AI recruiting systems to identify, rank and select candidates. It is projected that by 2020 nearly 60% of companies will use AI systems to reduce the cost and time associated with hiring. This selection process requires that job applicants now have a new set of skills to engage with these systems just to be considered for jobs. The workshop will provide strategies and tools for workforce professionals to prepare their clients to both employ with these systems and prepare for their work future. Dr. Nicoline Ambe Carson, California

#### Title: 7 Steps to Raising a High Achiever

Description: This workshop will teach parents how to position their children for success very early on by instilling the right skillet, behaviors, mindset, value system and practices that will help their children soar in school and life! Attendees will learn 1. How to prepare the home environment for continued academic excellence. 2. Develop nurturing, fulfilling and emotionally healthy relationships with children. 3. How to position their children for achieving careers as early as the 3rd Grade. 4. How to minimize distractions and encourage an independent work ethic in children. 5. How to position their children for success in a competitive global market.

#### Ms. Barbara Coloroso Greeley, Colorado

#### Title: Kids Are Worth It! Parenting With Wit and Wisdom

Description: A session packed with solid practical advice for parents that show how to utilize chores, mealtime, sibling rivalry, toilet training, bedtime, allowances and more to create a home environment in which children can become self-disciplined, compassionate, responsible, resourceful and resilient human beings. This workshop will teach you toddlers and teens can act in their own best interest, stand up for themselves and exercise their rights while respecting the rights and legitimate needs of others. Included is a discussion about the difference between sibling conflict and sibling bullying. The presenter will talk about the keys to good parenting, treating young people with respect, giving them a sense of positive power in their own lives and give them opportunities to make decisions, take responsibility for their actions and learn from their successes and mistakes. Dr. Carolyn Curtis Carmichael, California

# *Title: Mind Matters: Overcoming Adversity and Building Resilience*

Description: Mind Matters (MM) curriculum is designed to address the life-long effects of aversive childhood experiences. To achieve this goal, it combines ACEs science with the most current researched based recovery skills and makes this information available to all. MM provides attendees the opportunity to notice and interrupt destructive thought patterns and harmful behaviors. Through learning personal self-managed skills of restoration, people are given a way to take charge of their emotions and improve their states of mind, addressing their physical, relational and mental health needs. As participants learn the skills and strategies in MM, they can begin to say, "I am not a victim of what happened to me," and are empowered to take charge healing their brains,

Fathers & Families COALITION OF AMERICA

Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



#### Dr. Barbara Coloroso Greeley, Colorado

*Title: The Bully, The Bullied, and the Not-so-innocent By-stander* 

Description: Kids from preschool through high school begin this new school year in a highly charged and, at times, toxic political climate. Parents, educators, and students need to have a serious conversation about bullying and its intended and unintended consequences. Whether they target others, are targeted, or play the role of the not-so-innocent bystanders, young people are deeply affected by offline and online meanness and cruelty. Topics include 1. Bullying with racial, ethnic and religious overtones in our schools, neighborhoods, and communities. 2. The difference between reasonable, natural, and necessary conflict and the utter contempt and disaffection for the other, aka bullying. 3. The difference between teasing and taunting. 4. What to do and what not do if a young person is targeted. 5. Four valid reasons and nine lousy excuses why young people might not stand up for focused peers. 6. How to help young people become a potent force as active witnesses.

Mr. Shanne Sowards Milwaukee, Oregon

#### Title: Unpacking the Mystery of Serving Teen Fathers

Description: Throughout time the stereotype of a teen father is that he may take the path of least resistance. But, what if that is not really what the young father wants to do? What if he wants to be involved? In recent studies, researchers and practitioners have reported that there seems to be a significant number of young men quite willing to be included in the lives of their children, but there is little suitable help for them to achieve this goal. This workshop will share a successful program that is providing "suitable help" as well as share their strategies. The session will challenge participants to take a closer look at the young fathers encountered and give insight on how biology plays a role, as well as provide tools to help establish and deepen connections with the fathers served. Mr. Michael Freeman Los Angeles, California

# *Title: How to Have Transformative Conversations with Teenagers*

Description: This workshop will teach attendees critical principles for engaging teenagers into meaningful and transformative conversations. The presenter will share his 17 years of experience in conducting mentoring programs for teenagers, the lessons he has learned and examples of youth being significantly impacted and positively changed through transformative conversations. Attendees will receive an app that they can use on the cell phones that will give them everything they need for starting and engaging their youth in meaningful and transformative conversations. They will learn how to use this app and will have an opportunity to give it a "test run" in the workshop.

Ms. Susie Beltran Grimm Costa Mesa, California

# *Title: Innovative Public Media Resources for Early Learning*

Description: Educating parents about the fast-paced digital world our children are growing up in is a critical component of changing a school's learning culture. Practical, high quality and trusted media resources for children can be challenging to find. Ready to Learn (RTL) promotes early learning through age-appropriate, educational and engaging media content for children ages 2-8. In this session, attendees will learn how public television facilitates family engagement and connection between school and home with tools that include games activities, and mobile apps. Together everyone will interactively explore a wealth of free digital media resources for families and educators in support early math and literacy learning. This workshop will cover everything from approaches on how to use media at home to support children's education to hands-on engagement with digital tools

> 20th Annual Families and Fathers National 2019 Conference



Finding A Cause Bigger Than Self



Ms. Debra Sarmento and Ms. Fran Goldfarb Sacramento, California

#### *Title: Using the CDC's "Learn the Signs. Act Early." Materials*

Description: The journey of a child's early years includes many developmental milestones for how he/she plays, learns, speaks and acts. The Centers for Disease Control's (CDC) Act Early Ambassadors to California will introduce participants to the Learn the Signs. Act Early.' (LTSAE) materials available from the CDC. These free materials provide families and professionals with information on developmental milestones and the early identification of developmental delays. During this workshop, participants will tour the LTSAE website and learn about the new, easy-to-use Milestone Tracker app which can be used to track a child's development, as well as the full suite of free, family-friendly materials. This workshop is suitable for parents, caregivers and other professionals who work with young children. Participants will be able to identify at least three resources that support the understanding of developmental milestones, articulate the importance of monitoring developmental milestones and navigate the LTSAE website.

Ms. Jennifer Auman Lincoln, Nebraska

#### Title: I am Enough. A look at resiliency for parents.

Description: "I am Enough" is for parents utilizing important points and activities from the book "Building Your Bounce, Simple Strategies for a Resilient You" by Mary Mackrain and Nefertiti Bruce Poyner. This presentation takes on the complex emotional state of mental health fatigue and adult protective factors. Parenting is hard. We have to take on many different roles in life, and the problematic aspects can bring us down. Participants will learn how relationships, attitude, acceptance, and self-control work for grown-ups too in building and recognizing resiliency! Included are hands-on activities

**Dr. Chacko Abraham** La Paz, Bolivia

#### Title: A Fatherless Journey: The Impact of Absent Fathers

Fatherlessness is pandemic. This workshop will explore the impact of paternal non-involvement. Children of fathers who are actively involved in their lives tend to be smarter, demonstrate increased performance in school, be psychologically healthier, and be able to attain better jobs than children who do not have fathers that are actively engaged in their lives. The family dynamics have changed to where there is more paternal absence in homes. The physical absence of the fathers should not dictate the lack of involvement with their children. The lack of participation of absent fathers has a direct impact of the future of their children. If our focus is looking at how we empower the future of our children, then the key is for fathers to be involved and engaged in every aspect of our children's lives. Absence should not equal non-involvement.

20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org



# Ms. Lora Hunter Camarillo, California

Title: Supporting Language Development for Young Children and Families

20TH ANNUAL FAMILIES AND Fathers National Conference

AFFIRMATION

Description: Children learn more rapidly in the early childhood years than in any other time of their lives. It is critical, therefore, that we give our children and families the language strategies they need to thrive in school and life. This interactive session will explore some relevant research regarding language development and the achievement gap. We will identify research-based strategies to support Expressive Language development in children. Further, it will examine supportive ways to communicate those strategies effectively with families. We will attempt to connect the research to the strategy and make the strategy accessible and organized so that frontline staff, who work with families and children, can easily use them.

Mr. Luis Barajas and Ms. Ana Duarte, LMSW Los Angeles, California

# *Title: Eliminating the Stigma and Barriers in the Classroom*

Description: To address the lack of male involvement, we must first analyze the root of the deficit at the site, administrative and classroom level. This presentation will focus on barriers and traditions that have influenced male involvement in the early stages of a child's development. We will focus on opportunities of inclusion for male participation in the classroom as it pertains to the social and emotional development of children. We will discuss strategies that explore opportunities at all levels to strengthen male engagement. Participants will receive resources and plans to increase male participation in their program site. Ms. Crissy Butts Tomball, Texas

#### Title: Family Team Building Fresh, Fun and New

Description: Strengthen your tribe- increase the happy vibe! Attendees will walk away with a relaxed mental resiliency assessment tool, The Sunshine Strategy, to help gauge mental health strengths and weaknesses and shift from problem to solution. Launch the 21 Day Happiness Challenge the 1st of each month and watch the positive interactions increase. This monthly challenge is packed with 42 ideas to reduce stress and anxiety, increase confidence and positive self-worth. Learn about the world's most effective weekly family team-building program (used for the past 100 years and in over 150 counties). Take notes on a modified version; The Family Power Hour packed with creative ways to laugh, talk, play and love more!

#### Mr. Richard Ramos Santa Barbara, California

Title: Parents on a Mission & Child Loyalty

Every parent wants the love and loyalty of their children. But what many parents don't realize is the daily competition they are in to win love and commitment. Many parents expect, and demand respect and loyalty, rather than learning how to earn it. Also, the pressures of daily life and demands of social media for attention often cause tension, strains, stress and broken relationships.

> 20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org

Fathers & Family COALITION OF AMERICA



#### WEDNESDAY

Dr. Rosina McAlpine, BCom, MCom(Hons), MHed, PhD Wollongong, NSW, Australia

#### *Title: Developing Emotional Intelligence In Children Toddler To Teenager*

The term 'emotional intelligence' was first introduced in 1990 by Peter Salovey and John Mayer. Their work was further developed and popularized five years later through Daniel Goleman's 1995 bestselling book Emotional intelligence: why it can matter more than IQ. These researchers outlined five distinct but interrelated aspects of emotional intelligence. This interactive workshop will support participants to develop their knowledge and skills in the area of emotional intelligence. Participants will be able to (1). Understand the basics of the five domains of emotional intelligence, (2). Discuss the many benefits of developing children's emotional intelligence, and (3). Apply their learning of the various practical activities that support the development of emotional intelligence in children aged 18 months to 18+ years in their daily life with children. The workshop is designed to assist parents, teachers, early childhood educators, coaches and professionals who work with children from toddler to teenager.

Dr. Felicia Murray and Dr. Sherece Shavel Fort Worth, Texas

#### *Title: (Un)Invisible Fathers: Affirming Strategies to Recognize and Reverse Paternal Distress*

Description: Contemporary fathers are faced with a myriad of issues that impact their overall wellness. Using current, culturally-informed, evidence-based research as a foundation in this workshop explores the complex and often overlooked aspect of paternal wellness. Welfare is understood via five domain areas: Physical, emotional/psychological, relational, spiritual and cultural. The presenters will incorporate experiential learning techniques, interactive technology, small groups, and mini-lectures to explore paternal wellness. Participants will engage their clinical skills and previous practice knowledge to examine indicators and risk factors about parental distress further. Finally, participants will gain practical tools for addressing paternal suffering in varied practice settings; will be able to identify indicators of paternal distress in five domains: physical, emotional/psychological, relational, spiritual and cultural; learn how to implement strategies to advance paternal wellness in various practice and clinical settings; and how to understand frameworks for intervention that are father-centered and affirm paternal wellness.

#### **Dr. Ashley Harrell**

Gurnee, Illinois

#### *Title: Empowering Parents of the Future by Addressing Adolescent Trauma*

Description: Many parents relate their parenting struggles to childhood experiences of trauma and loss. These experiences transcend time and have the potential to initiate or prolong cycles of family dysfunction or disrupted parenting. These cycles can be interrupted and demolished when adolescents are provided with an opportunity to process and receive support regarding the trauma they have experienced in their brief lives. Adolescents can then be empowered to reframe their identity as future fathers and mothers by utilizing information to make informed sexual and relational decisions based on their future goals and ambitions. Educators, community service providers, mentors, and mental health professionals can help transform family by empowering these new parents of the future.

*A*R



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference

## 20TH ANNUAL FAMILIES AND FATHERS NATIONAL CONFERENCE MARCH 4-7, 2019 AFFIRMATION

#### Dr. Charles Woodard

Boynton Beach, Florida

#### *Title: How Fathers Enhance Children's Socio-emotional Development via Gentle Teaching*

Description: This dynamic and interactive workshop demonstrates how Fathers, via Gentle Teaching, can enhance the socio-emotional development of children. The social and emotional development of children directly impacts their ability to learn, grow and develop in other areas. It is the key to better academic and language skills, harmonious relationships with peers and fewer behavior challenges. Children who have positively involved fathers tend to do better socially, emotionally and academically than children whose fathers are not positively involved. The relationship is the key and Gentle Teaching and empowers fathers in developing high-quality relationships with their children. Fathers can build trusting relationships with their children, by providing consistent encouragement, discipline, protection, care, and unconditional love.

#### Dr. Lynnette Long

Los Angeles, California

#### Title: How Do I Gain My Territory Back

Description: This workshop is designed to help mothers and fathers who were incarcerated for more than one year. This workshop will bring the parent back into proper alignment with their children and those in the children's life. The presenter will offer helpful tips and live skits to show attendees visual examples. Fathers and mothers will learn: How to reconnect with the child; how to reconnect with the child's school and events; how to pick up the pieces and move forward without pointing the blame on the other parent; and how to become aware that Faithfulness, Dedication, and Commitment works better than just toys.

#### **Dr. Annette Miles** Washington, District of Columbia

# *Title: Family Engagement: Short Projects that Create Lasting Memories*

Description: Today, families spend long hours outside of the home with work, school, and extracurricular activities. At the end of the evening, there is little opportunity to spend quality fun time as a family. This workshop includes projects that families can engage in with their child. Families can choose short stories/journaling, scrapbooking, art or other crafts. These projects do not cost a lot of money. Families can conduct a treasure hunt around the house to find materials to recycle into something new. These fun projects take a short period to complete. Families can divide the activities into small parts if time becomes a barrier. Above all, families can create memories with their child that last for years to come. Materials will be provided to complete a project.

#### Mr. Delvyn Crawford Milwaukee, Wisconsin

#### Title: Poor Start, Strong Finish - Finish Strong!

Description: This workshop is intended to spring forth the hope in those burdened by their past. Participants will recognize that they are their children's "reality show" and that their children will most likely follow their example rather than their advice. Participants will know the importance of moving past guilt, not being controlled by self-condemnation and positioning themselves to be active fathers for their children and community. The presenter will facilitate a unique and innovative workshop that focuses on universal characteristics that every father needs so that men of all cultures, race, religions, and backgrounds can benefit. Fathers learn how to strengthen their relationship with their children, wife, or the mother of their children in addition to learning how to better care for themselves.

> 20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org



# Mr. Serafín Serrano

Anaheim, California

# Title: FIERCE COMPASSION: Bold Healing-Centered Practices

20TH ANNUAL FAMILIES AND Fathers National Conference

A FFIRMATION

Description: In this workshop presenters will be given tools to assess and identify intrinsic motives (core values and personal attributes), examine individual assets and community capital, learn about generational trauma, grief, loss, and ruptures. They will also learn how to cultivate resilience, grit, and intention. The presenter will discuss healing from injury to restoration, how to reinforce personal agency and intrinsic motivation, as well as compassionately fierce foster trust, deep connection, and healing.

#### **Mr. Alex Borchardt**

Exeter-Devon, United Kingdom

#### Title: Helping Estranged Fathers - A British Perspective

Description: There are one million children in the United Kingdom (population 66 million) who do not regularly see their father. In countless cases following relationship breakdown fathers feel stuck, not knowing what to do, with limited support, emotional difficulties (primarily caused by being shut out of their children's lives), an archaic legal system and all too often a lack of reliable professional support. In this workshop, the presenter will discuss ways in which to handle this on the other side of the Atlantic and the unique methodologies that have been developed. The presenter will explain how to gain confidence and get equipped with the right tools to establish fathers back in their kids' lives and rebuild loving and sustainable relationships. **Mr. Kevin Toney** Porter Ranch, California

#### *Title: Winning The Big Game - Relationship Training For Males*

Description: This workshop is the answer to help men stop the cycle of sexual misconduct. Whether its sexual harassment, sexual abuse, or infidelity men will receive the tools to eradicate these negative, destructive behaviors toward females effectively. Training will include the steps and solid foundation needed to have healthy relationships with women, in the workplace, homes, in love and beyond. Key areas include: 1) Recognize and identify sexual misconduct. 2) Study powerful men who were exposed and their consequences. 3) Understand male sexual and relationship behavior. 4) Avoid the pitfalls and traps and learn critical thinking for making good decisions. 5) Win the big game of being successful in sustaining a loving and faithful relationship with their wife, girlfriend or dating partner. The presenter is excited and passionate to share life-changing steps used to overcome his sexual misconduct.

#### Bishop Henry Hearns and Ms. Angela Hearns, MSW

Palmdale, California

#### Title: The Making of a Queen Takes a King (The Dynamics of Father/Daughter Relationships)

Description: Participants can expect to enjoy and be inspired by this interactive class that will highlight statistical data as well as real-time examples of father-daughter dynamics. Group exercises will be included. Participants will leave the class invigorated to either continue their efforts or to improve the relationships with their fathers or their daughters. All kings and queens are invited!!



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



#### Ms. Tina Konkin Irvine, California

#### Title: Relationship Lifeline

Description: Our unique approach engages individuals from the very first exercise discussing topics that are meaningful to them and their relationships in ways they have never considered. This approach helps individuals and couples to understand what they desire from their bonds and also provokes revealing thoughts and genuine interaction that creates real change in the foundation of their relationships. This approach also helps individuals learn how to develop new life skills that lead to a deeper level of appreciation for each other, their relationship and their family. Specifically, the Relationship Lifeline program provides a structured environment where people: Feel safe to reveal their real thoughts and feelings; identify the triggers that cause conflict; begin to heal unresolved issues of the past; begin to understand the real source of problems; learn techniques to communicate effectively; learn how to manage frustrations; and ultimately enhance their relationship.

Ms. Kathleen Roe and Ms. Doreen Finley

Trenton, New Jersey

#### Title: What the Funder wants? Or Father Needs?

Description: Parents Inc. is one of the oldest family strengthening organizations in New Jersey has been developing professionally facilitated mutual support groups for fathers for over 15 years. In this workshop, participants will learn to identify the top three challenges of negotiating pilot fatherhood programs with funders. They will become familiar with our current successful model, Father Time. Participants will be able to identify at least three (3) of the vital components necessary for a successful community-based program which both recruits and retains fathers. In addition to this, based on the Father Time member's advocacy, the principle of "giving back" to the community is embedded in this model. In this way, the Father Time model becomes embedded not in a program or organization, but in the city in which it operates. Mr. Jesse Jordan and Mr. Lonnie Grant Philadelphia, Pennsylvania

#### *Title: No Longer Invisible: Journey to Empower Homeless Fathers and children*

Description: Nationally, 15% of the homeless system is comprised of fathers and children. The shelter system historically excludes fathers and misses opportunities for fathers to engage with their children's lives resulting in separated families, children feeling abandoned and unsupported, family parenting structure deficits, as well as loss of male role models and vulnerable communities. This workshop will explore, discuss and recommend how government agencies, nonprofits, schools, community stakeholders, fathers, parents, and families can leverage the influence of fathers in the homeless system and strengthen their communities. The presenters will highlight some of the initiatives being done in Philadelphia such as Ways in which communities can promote homeless resources to fathers; understanding the need of a paradigm shift to involve fathers in policies and service delivery design; and discussing how to make the shelter experience more inclusive for men to stabilize them and their families throughout the journey.

#### Mr. Marc Warren and Mr. Carter Patterson Trenton, New Jersey

#### Title: The Secrets That Make Us Sick

Description: Unattended traumatic experiences creates a cancer diagnosis that impacts fathers and families leaving generations scared and broken. Healing past hurts or emotional wounds is a long and often painful process. This workshop will address those hurts, those emotional wounds, that result from events in our lives such as rejection, abandonment, abuse, neglect, violence, insecurity, being embarrassed, ashamed, terrorized, scared, manipulated or otherwise controlled and gain the tools and strategies needed to become whole again.

> 20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org



Fathers & Familes COALITION OF AMERICA

# AFFIRMATION

20TH ANNUAL FAMILIES AND Fathers National Conference

#### Mr. Aaron Jordan, Jr. Murfreesboro, Tennessee

# *Title: Revamp Relationship Workshop Series: How to Heal Before Moving On*

Description: In life, we go through traumatic break-ups and experiences through relationships that cause us to have distorted thinking of self and our essence, so we begin to fall into what the presenter calls learned behaviors, which pushes us further away from the person that is specifically designed for use in life. In this workshop, participants will learn five (5) principles that aid in healing to rebuild mind and self-being after a break-up or before getting involved with someone else. This workshop will help participants get to the root of their core issues and observe the "why" factor in a situation.

### Mr. Cedric Nelms

Carson, California

#### *Title: Fathering a Generation without Direction: The Three Cycles of Life*

Description: Presenter will focus on the current situations that our world is presenting to our young people of today. We will look at the "why" of this generation living in the midst of violence, poverty, racism, and prejudice, to name a few. There are five things that our young people are lacking, but there are cycles that this fatherless generation is dealing with that we will identify. Once we recognize these cycles, we will discuss how to get through to our young people. Our young people are searching and looking for direction. They are in need of something that is greater but needs the wisdom of the fathers in this society to speak life to them and for them. **Dr. John Van Epp** San Clemente, California

Home Run Dads: An Evidenced Based At-Home Certification Course

Learn how to teach and facilitate the evidenced-based Home Run Dads program, where dads learn and practice parenting skills that equip them to build and maintain strong relationships with their children. This program has been included in the Army Chief of Chaplain's Strong Bonds Initiative since 2010, and has been taught throughout all branches of the military and nationally by fatherhood and community initiatives. Learn to engage fathers in activities like developing a game plan for parenting goals, understanding the unique qualities of each of their children as they fill out "stat sheets" for each child, constructing a family motto and making a family-team pennant, and learning how to discuss crucial topics with their children like friendships, dating and sexual boundaries. Attendees receive a 10% discount on the athome Instructor Certification Course.

Mr. Dave Linn Kew Gardens Hills, New York

# Title: What? Why? Me? Defining Gratitude, Assessing Gratitude and Creating the Gratitude Habit-Part One

Description: Gratitude is a cornerstone habit on the road to better relationships, self-esteem, well-being and resiliency. We get started by defining gratitude and understanding the health, mental health, familial, social and professional benefits of appreciation. We will then each assess our current gratitude levels before diving into an understanding of the steps we need to take to create habits of gratitude. This isn't about the fluff; it's about making the concrete steps necessary to improve our lives and the lives of those we love.

age 37



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



#### THURSDAY

#### **Dr. Antonio Harrison**

Pasadena, California

#### Title: Batman versus Superman: The Super Hero Dad

Description: Children see their fathers as Super Heroes. If we are to be a Super Hero, we must understand which Super Hero is best suited to help us raise balanced, compassionate, emotionally intelligent, reliable and secure children. This workshop will discuss what it means to be Batman vs. Superman and the effects it has on raising a healthy child. The workshop will engage fathers to produce practical, useful and creative approaches/activities to help promote a healthy relationship with their children. These activities will include creating two affirmations to be shared with your children consistently, on a daily basis; structuring of a particular project for your children to be shared decades later in life; and identifying your special Super Hero tools in order to understand the best utility of those tools with respect to raising children and personal growth as a father.

#### Dr. Tanya Coakley and Dr. Yarneccia Dyson

Greensboro, North Carolina

# *Title: Impact of Fathers' Sexual Health Talks on their Sons*

Description: This workshop will cover practical ways for fathers to talk with their sons about sexual health and avoiding risky sexual behaviors that lead to sexually transmitted infections and HIV. Fathers will learn how to prepare for the conversation in advance; where to access information about STI and HIV; how to initiate the conversation; and what to say during the interview and how to say it so that their sons will feel comfortable asking questions about protection and sharing their current sexual behavior or intentions to engage in sexual activity. Fathers will have an opportunity to evaluate their knowledge about STI and HIV. They will also assess their confidence and comfort level to talk to their children about sex and risk protection. **Dr. Nicole Scott** Pine Hill, New Jersey

*Title: Best Practices for Building and Sustaining Father Engagement* 

Description: This workshop will introduce new and innovative ways of increasing engagement of fathers in the home, schools, and classrooms. This workshop will be based on a synthesis of research-based strategies and practices proven to increase parental participation in schools and other settings. A checklist for improving the parental involvement of fathers will be provided to all attendees as a tool to use to review their current parent involvement practices and to identify areas in which they wish to increase their efforts. Learning Objectives include: Recognizing the need for and importance of locating and engaging fathers; recognizing the impact of personal values on interactions with fathers; describing established protocols for father engagement and the father engagement bench card; discussing the impact a father can have on a child's healthy development; and identifying various methods of father and paternal family engagement.

Mr. Eugene Schneeberg Fairfax, Virginia

#### Title: Engaging Fathers: Resources from the National Responsible Fatherhood Clearinghouse

Description: Join us to discuss lessons learned from fatherhood work in community-based settings. Learn about tips and resources to better engage and serve fathers and find out more about the National Responsible Fatherhood Clearinghouse, including the fatherhood.gov website, social media platforms and products written to advance the fatherhood field. Our three training objectives include: 1) Strategies and tips that have worked to engage fathers in the group and individual learning experiences. 2) Ideas for implementing promising practices to develop programs for fathers in a variety of community settings and 3) Provide information and resources for services providers to use in their work with fathers

> 20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org







#### **Dr. Jeffry Woods and Ms. Senta Greene** Valencia, California

#### Title: Activate the 5 Pillar Performance for Living and Leading

Description: As father absence continues as a crisis in America, impacting 19.7 million children and more than 1 in 4 live without a father in the home, it is imperative children and families are given tools to address father absenteeism and provide strategies for navigating life's challenges that lead to optimizing children's futures. This session offers an intimate look at evidence-based research that depicts the problems of father absenteeism and changes the narrative of negativity to a message of hope and impact by examining our roles as parents, leaders and service providers. During this interactive presentation, the presenters will introduce a five-element model designed to assist parents and children in optimizing positive life outcomes through healthy relationships. Service providers will learn ways to effectively develop, deliver and support families through Integrity, Humility, Compassion, Courage, and Discipline.

#### **Mr. Jamar Williams**

Pittsburgh, Pennsylvania

#### Title: Living on Purpose: Repurposing Lives after Prison

Description: In this workshop, attendees will look at prison re-entry through the perspective of one who successfully re-entered society and now helps others to do the same. The workshop will take a glimpse at the ineffective methods surrounding the history of pre/post-release and learn some of the practices that were taught in the classroom that were effective in reaching the population. Lastly, the workshop will focus on the coveted topic of communication which eludes many fathers exiting incarceration. To be better fathers to our children, transparency, and vulnerability is a necessity. Join me as we discover ways to get the attention of fathers, inspire them to change and challenge them to face the reality of their present. Ms. Chandra Brooks San Jose, California

#### Title: Creating a Village for your Incarcerated Loved Ones

Description: It takes a village to raise a child and build a successful foundation for a young adult. Most families do not have a real solid plan when their loved one returns to society. This workshop will provide the tools, strategy, and resources to have a successful transition.

This workshop will focus on how to: 1) Establish short and long-term goals with your loved one. 2) Set up a support system before the release of an incarcerated loved one.
Build a secure network of leaders, mentors, and coaches.
How to build strong entrepreneurship and union connections and 5) How to develop a long strategic plan for success and self-sufficiency.

#### Ms. Tana Session Pasadena, California

#### Title: From Foster Care to Fabulous - Propel to Success

Description: Known as the "Queen From Foster Care to Fabulous," the presenter shares how she transitioned from a child born into the New York City foster care system to an award-winning entrepreneur. Her signature talk, "Stop Being the Best Kept Secret," is designed to help attendees learn five proven tips to propel to their highest level of success: Own Your TRUTH, HEALING, WORTH, POWER, and DESTINY. Attendees will leave with a higher sense of self and actionable steps to move the needle of success in their personal and professional lives. "Stop Being the Best Kept Secret" is an interactive session. Attendees will participate in self-realization and self-actualization exercises. Through personal discovery work, attendees will learn what has been genuinely blocking them from success and how to live out loud and stop playing small in their lives. Attendees will leave motivated, inspired and enthusiastic about what is next in their lives.

#### 20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org





# 20TH ANNUAL FAMILIES AND FATHERS NATIONAL CONFERENCE MARCH 4-7, 2019 AFFIRMATION

#### Ms. Jennifer Auman Lincoln, Nebraska

# *Title: Self-Care and Resilience; Strategies to Rebuild your Bounce!*

Description: At the end of this workshop session participants will be able to understand the difference between compassion fatigue, vicarious trauma, and burnout; identify signs and symptoms of compassion fatigue; and learn how protective factors, as described in Building Your Bounce, Simple Strategies for a Resilient You, by Mary Mackrain and Nefertiti Bruce Poyner, will work for grown-ups too in building and recognizing resiliency. Utilizing the theory and many activities in the book this presentation takes on the complex emotional state of compassion fatigue in early childhood home visitors, teachers, and caregivers.

The differences in compassion fatigue, vicarious trauma and burnout are examined, signs and symptoms are identified and active participation in activities to build resilience through the protective factors of relationships, internal beliefs, initiative, and self-control are exemplified.

#### Carolyn Heyliger-Graham Atlanta, Georgia

#### Title: Stay Compliant with ChildPlus: Your Data Management Streamlined - Head Start & Early Head Start

Description: In this session, you will learn how to collect data and use reports, setup email notifications for parents, improve data tracking, use internal monitoring tools, and improve your policies and procedures to meet OHS compliance. This session will also give your Head Start & EHS programs the tools and knowledge to create custom modules for agency-specific data entry and transform the way your agency will be able to access ChildPlus with the upcoming release of ChildPlus Mobile. This will transform your ChildPlus user experience, especially when you're on-the-go, allowing you to use ChildPlus on any device that has access to the Internet.

#### Ms. Linda Rouseau Scottsdale, Arizona

#### Title: I Am Ready To Open My Eyes

Description: Have you ever asked yourself, why am I not seeing the same or similar successes in my life as others who seemingly have put forth a lot less effort than me? What am I missing? This workshop is designed to reveal to the participants the needs of their spirit, soul, and body being nurtured and healthy. There is not only a need but a benefit for balance. This workshop will break down how to recognize different personal needs and the health that is attained in the soul as a result. The eye-opening solutions will be revealed and within each participant's grasp.

#### Ms. Grace Scott Crockett

Tempe, Arizona

#### Title: Family Awareness Crisis Ed Intervention & Training (FACE IT)

Description: Our vision is to make families aware of the critical need for intervention and training to break the cycle of abuse. Change at this level requires active participation from every sector and individual within our community. Being educated can have a positive impact on businesses and their most valuable asset (employees). Nearly 8 million days of paid work per year are lost due to domestic violence in our country. This interactive workshop will give you an in-depth experience into what we all have known and understand, but have been afraid to face.

FACE IT educates individuals on how to recognize, respond and refer loved ones affected by domestic violence and helps employers to improve their responses to domestic violence in the workplace.

#### R. Anna Hayward, Ph.D., MSW, with Romarie McCue Stony Brook, New York

# *Title: Engaging and serving fathers transitioning from the criminal justice system*

Fathers transitioning from the criminal justice system have a variety of psychosocial needs including reconnecting or reconnecting with their minor children. In this presentation, we describe the outcome of a qualitative study of men in a community-based fatherhood program who transitioned from jail during or before their involvement in the program. Fathers share how their criminal justice involvement has impacted their parenting and how fatherhood programs can provide supportive services to affirm their parenting efforts while incarcerated.

Page 40



Fathers & Families COALITION OF AMERICA

Finding A Cause Bigger Than Self

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL

20th Annual Families and Fathers

National 2019 Conference

Learn More and Updates @ www.fathersandfamiliescoalition.org



#### Dr. Carletta Perry-Artis San Antonio, Texas

#### *Title: Change Your Life Coaching Masterclass: Man Your Post! (Certification Program)*

Description: This session is for fathers who want to learn how to be the coach and mentor to others utilizing their life and parenting experiences to help others. This program can help men and women learn how to take advantage of my life coaching business start-up assistance, psychological skill training, along with my trauma-informed approach to provide healing to various communities, families, men, women, girls and young boys. For a long time, men have been asked to man their post! The presenter will provide the tools necessary to lead, mentor and coach others to their best. This Certification Program prepares men and women for entrepreneurial success to become a life coach.

#### Mr. Dave Linn, Kew Gardens Hills, New York

# Title: What? Why? Me? Defining Gratitude, Assessing Gratitude and Creating the Gratitude Habit-Part Two

Description: Gratitude is a cornerstone habit on the road to better relationships, self-esteem, well-being, and resiliency. We get started by defining gratitude and understanding the health, mental health, familial, social and professional benefits of appreciation. We will then each assess our current gratitude levels before diving into an understanding of the steps we need to take to create habits of gratitude. This isn't about the fluff; it's about making the concrete steps necessary to improve our lives and the lives of those we love. Mr. Walter Simpkins and Mr. DC Dunkel Schenectady, New York

#### *Title: Building & Re-Branding Your Fathers Program From Relevance to Excellence*

Description: This workshop will teach you how to build a grassroots organization that is run by fathers from your community, as well as how to grow it from a support group to a full-scale operation assisting fathers while focusing on problems fathers face nationwide. A significant part of building a lasting organization is keeping it relevant by helping it grow and staying up to date. Often, there is a need for re-branding and innovation to meet the needs of the changing dynamics and demographics of an ever-evolving community. This session will teach you the fundamentals that address the challenge of growing from just being relevant to excellent.

20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org



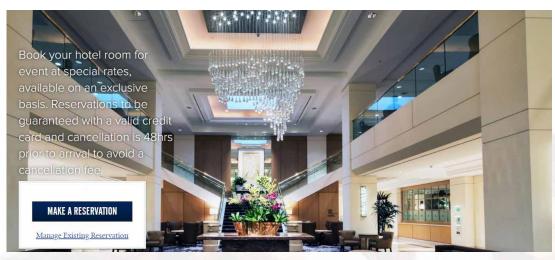


#### CONFERENCE HOTEL LIMITED DISCOUNTED ROOM RATES AVAILABLE

#### NO DEPOSITS REQUIRED - NO PAYMENT UNTIL CHECK-IN

Save with Hilton's Low Prices for Fathers & Families Coalition of America Guests

#### Book Hotel Reservations and Save Now from \$50 to \$100 per night.



Hilton Los Angeles Airport makes it simple to book your hotel stay. If you are an attendee or guest of the 20th Annual Families and Fathers Conference, this is the only site where you should be making a hotel reservation to ensure you are receiving the special group hotel rates. http://fathersandfamiliescoalition.org/conferences/national-conference/ host-hotel-reservations-20th-annual-conference.html

#### ROOM RATES WILL INCREASE IN JANUARY 2019 - DO NOT MISS OUT ON DISCOUNTED ROOM RATES

New Conference Location and Enhanced Expectations Hilton Los Angeles Airport 5711 W Century Blvd, Los Angeles, CA 90045



Finding A Cause Bigger Than Self

20th Annual Families and Fathers National 2019 Conference



#### SENATOR HOLLY J. MITCHELL

2019 Honorable John S. Martinez National Leader of the Year Recipient



NBA CHAMPION MATT BARNES 2019 National Father of the Year Recipient



MARYLIN MCCOO & BILLY DAVIS JR 2018 National Couples of Excellence Recipients





PARIS ESCOVEDO 2019 National Father of the Year Recipient



RAY PARKER JR. & ELAINE PARKER 2018 National Couples of Excellence Recipients



PHYLLIS & KEVIN TONEY 2018 National Couples of Excellence Recipients



20th Annual Families and Fathers National 2019 Conference

March 4<sup>th</sup> and 7<sup>th</sup>, 2019 HILTON LOS ANGELES LAX HOTEL Learn More and Updates @ www.fathersandfamiliescoalition.org





# 2019 REGISTRATION FORM

Last Name			<b>eline Road, Suite 105-216,</b> First Name	-
	First Name Organization			
Address				
City/State/Zip				
Office Phone			Cell Phone	
Fax		E-ma	il (Required)	/Onsite
	Early (2/20/19)	Advance	( <b>3/1</b> /19) Late	/Onsite
ONE FORM PER ATTENDEE	🖵 \$329	Э	🗖 \$359	□ \$399
		Member Discount	15% contact FFCA for cod	
* Welcome Reception, Wednesd	lay Proakfast and The	ursday Closina Cala ara i	ncluded in this option	OPTION 1 TOTAL \$
Single Day Only	αγ διεακjūst απα τηα	irsuay closing Gala are i	nciudeu în triis option.	
		2		
<ul> <li>Monday 3/4/19</li> <li>Tuesday 3/5/19</li> </ul>	□ \$129 □ \$169		□ \$159 □ \$199	□ \$239 □ \$239
Wednesday 3/6/19	□ \$169 □ \$169		□ \$199 □ \$199	□ \$239 □ \$239
Thursday 3/7/19	□ \$169		□ \$199 □ \$199	□ \$239 □ \$239
* Welcome Reception and Wedn			L 2199	
				OPTION 2 TOTAL \$
TRAINING SEMINARS				
*Full Conference or Single Da	ay registration is re	equired with any spec	ial credential, certificate, o	or training of trainer seminars
General Monday 3/4/19	FFCA Practitioner	Credential:	\$150	0 (30 Participant Limit) \$
Tuesday 3/5/19	Nurturing Fathers Facilitator Training		\$20	0 (30 Participant Limit) \$
	Seeking Safety Pr			
	anuals, handbook	s and curriculum item	s as optional added fees. F	For more information contact us 424-225-1323
EXHIBIT TABLE				
	Early (2	2/20/19)	Advance (3/1/19)	Late/Onsite
Non-Profit		\$279	□ \$329	□ \$359
General		□ \$329	□ \$359	□ \$399
Take Once Table		□ \$129	🖵 \$189	□ \$239
SPECIAL EVENTS**				
	Early (2	2/20/19)	Advance (3/1/19)	Late/Onsite
Sunday Brunch & Beach		□ \$69	□ \$89	Not Available
<ul><li>Monday Night Event</li><li>Tuesday Reception Non-A</li></ul>	ttandaa	□ \$49 □ \$19	□ \$79 □ \$29	<ul> <li>Not Available</li> <li>\$29</li> </ul>
I TUESUAV RECEDITOTI NOTA		□ \$19 □ \$59	□ \$29 □ \$69	□ \$29 □ \$69
		□ ♀⊃9 □ Professional \$1		Student \$75 (Student ID Required)
Thursday Closing Gala Nor			30	
		Organization 6	75 (allows 5 staff momba	$(\Box Organization (EOO (ALL STAFF)))$
Thursday Closing Gala Nor FFCA MEMBERSHIP –		Organization \$3	75 (allows 5 staff membe	rs) 🔲 Organization \$500 (ALL STAFF)
Thursday Closing Gala Nor	ION			rs) 🔲 Organization \$500 (ALL STAFF)

#### METHOD OF PAYMENT

Name (Print as it appears on the card.)	
Exp. Date	Address of Credit Card

Card #

CVV Code

**GRAND TOTAL \$** 

20th Annual Families and Fathers National 2019 Conference